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Original Citation:

Hygrothermal properties of clayey plasters with olive fibers / Liuzzi, Stefania; Rubino, Chiara; Stefanizzi, Pietro; Petrella, Andrea; Boghetich, Adriano; Casavola, Caterina; Pappalettera, Giovanni. - In: CONSTRUCTION AND BUILDING MATERIALS. - ISSN 0950-0618. - ELETTRONICO. - 158:(2018), pp. 24-32. [10.1016/j.conbuildmat.2017.10.013]

Availability:

This version is available at <http://hdl.handle.net/11589/119834> since: 2021-03-31

Published version

DOI:10.1016/j.conbuildmat.2017.10.013

Terms of use:

(Article begins on next page)

Hygrothermal properties of clayey plasters with olive fibers

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Abstract

This research deals with how to use agricultural waste materials in constructions considering that the development of innovative materials has to respond to both environmental and energy issues. The leaves and the small branches derived from the pruning of olive trees were incorporated, after drying, into a clay-sand mixture to obtain a bio-based plaster. Earthen samples, containing different percentages of olive fibers, were prepared and tested to investigate their hygrothermal behaviour. Thermal conductivity and the effects of several parameters on thermal performance were analyzed. The evaluation of the hygric behaviour was based on the measurement of the water vapour diffusion resistance factor and of the isothermal sorption curves. Results showed that the addition of olive fibers in the earth matrix enhances the insulating and hygric performances. The ability of the material to exchange moisture was studied by calculating the ideal Moisture Buffering Value (MBV_{ideal}). Results showed that the effects of moisture adsorption/desorption improved with the increase of the fibers content.

28 Keywords: hygrothermal properties, clay, vegetable fibers, thermal properties, hygric properties

29 **1. Introduction**

30

31 Considering the development of society and people's ecological awareness, a sustainable and healthy
32 indoor environment is increasingly attracting the attention of the research. Thus, renewable and
33 environment-friendly materials are highly demanded [1]. Particularly, in recent years, there has been
34 a revival of interest in earthen construction materials. The main advantages of the use of earth are
35 related to the significant reduction in environmental impact. Clay is an abundant local resource with
36 very low embodied energy, which is cheap and easy to work [2]. According to Aymerich et al. [3]
37 earth-based materials can also offer very high levels of thermal comfort due to their high humidity
38 absorption/desorption rates, heat storage capacities and sound transmission properties. Natural fibres
39 are added to the mix, enhancing the physical performances as the reduction of density. It is important
40 to underline that the fibers are renewable and they have a sustainable life cycle [4].

41 This study investigates hygric and thermal properties of the clay-based plasters incorporating natural
42 fibers as olive pruning waste. According to Meli et al. [5], earth plasters outperform conventional
43 industrial plasters. On one hand, producing plasters from unbacked clay and sand requires a relatively
44 small amount of energy compared to that required to produce conventional lime and cement plasters,
45 since the production of these materials requires very high temperatures. On the other hand, transport
46 represents an important proportion of the overall impact of earth plasters. Clay can be considered a
47 local source available on the same site in which building will be realized.

48 Clay plasters are especially suitable for interior surfaces, to create comfortable and healthy spaces
49 with a minimal impact on the environment. Many studies deal with the use of natural fibers as
50 replacement to synthetic fibers in reinforced composites. Several aggregates derived from plants such
51 as coconut fibers [6], hemp [7], straw [8], flax fibers [9], date palm trees fibers [10], or bamboo [11]
52 have already been studied due to their attractive features, such as good mechanical properties, low
53 cost, low density, low thermal conductivity, durability and recyclability. Radazzo et al. [12] carried

54 out specific laboratory tests on commercially available pre-mixed earthen plasters. The aim of the
55 research was to verify how mineralogical and textural features might affect the performances of the
56 final products in terms of moisture absorption and thermal conductivity. Results showed that the
57 thermal conductivity was strictly connected to the grain shape, grain size and porosity. Moreover, the
58 most significant increase in moisture content occurs for the mixtures characterized by a higher amount
59 of fibers.

60 Palumbo et al. [13] evaluated the thermal conductivity, the thermal diffusivity, the water vapour
61 permeability and the moisture buffering of plasters incorporating two types of vegetable materials
62 such as barley straw and corn pith. It was observed that the thermal conductivity of the clay materials
63 decreased with the addition of the vegetable fibers due to the reduction of density. The incorporation
64 of corn pith caused the most significant reduction of thermal conductivity. The vegetable materials
65 had a limited effect on the hygric properties. They provoke a moderate increase of the water vapour
66 permeability and the moisture buffering capacity. Ashour et al. [14] measured the thermal
67 conductivity of three different types of fibers as a reinforcement for natural plasters. Wheat straw,
68 barley straw and wood shavings were used. As expected, the thermal conductivity of all materials
69 decreased with increasing fibers content and increased with the addition of sand. The results
70 demonstrated that the plaster reinforced with barley straw fibers had the lowest values of thermal
71 conductivity. Plasters with wood shaving fibers had the lowest values of thermal insulation due to
72 their highest density.

73 Currently hemp fibers are the most used for sustainable construction materials. Mazhoud et al. [15]
74 investigated hygric and thermal properties of two hemp-lime plasters with different sizes of hemp
75 shiv. Results showed that the hemp-lime plaster with the smallest hemp shiv was the best hygric
76 regulator. The fiber size was also the basis of the studies conducted by Benmansoura et al. [16]. They
77 investigated mortars formed with sand, cement and different sizes of date palm fibers. The addition
78 of fibers in the mortar matrix decreased its density. Therefore, the first advantage of the use of natural
79 fibers was the decreasing of its thermal conductivity. On the other hand results showed that the

80 thermal conductivity increased with water adsorption. The date palm fibers showed an enormous
81 capacity of water absorption and the finer fibers adsorbed more water than the larger fibers, showing
82 the higher thermal conductivity values.

83 **2. Experimental procedure**

84 *2.1 Materials*

85

86 Four different clayey plasters with olive fibers were studied. Different percentages of clay, sand,
87 gravel and fibers were used. The composition of the cohesive soil is as follows: quarry fines, quartzite
88 grit sand (<2mm), quartzite grit gravel (2-4mm), hydrated lime and water.

89 The clay used has sandy fraction (1%), silt (28 %) and clay (71 %). Carbonates were equal to 22 %.

90 The clay granulometric analysis is shown in Figure 1.

91

92

93 The porosity of the clay and the fibers (olive leaves and branches) was measured by a Helium gas
94 Pycnometer ULTRAPYC 1200-e Quantachrome; the results are shown in Table 1.

95

Table 1: Porosity and true density of the clay and the olive pruning waste.

Raw materials	True density	Porosity
	ρ_{true} [kg/m ³]	n [-]
Olive waste	1251	0,23
Clay	2859	0,37

96

97 The microstructural morphology and chemical composition of the used clay and of the clayey olive
98 plaster were characterized by Zeiss EVO MA 10 Environmental Scanning Electron Microscopy
99 (SEM) with Oxford Instruments Inca model spectrometer for Energy Dispersive X-Ray Spectrometry
100 (EDS). Figure 2 shows the scaly crystal structure of the clay, whereas Figure 3 shows the
101 microstructural morphology of the plaster.

102
103
104 EDS (Energy Dispersive Spectroscopy on the SEM) was used to identify the main elemental
105 composition: Figure 4 and Figure 5 represent the spectrum of clay and clay-olive plaster, respectively.
106
107
108 Clay exhibited a higher content of SiO₂ than the clayey plaster (Fig. 4-5), in fact in the first case the
109 SiO₂ content was on average around 33.62% and in the second case was on average around 41.70%.
110 This is likely due to the higher sand content in the mixture.
111 Clay, sand and gravel were mixed with leaves and branches derived from the pruning of olive trees.
112 According to Laborel-Préneron et al. [17], the aggregates were sized to obtain a homogeneous
113 mixture that would be easy to apply on the wall. The average size of the fibers was about 2 cm as it
114 is shown in Figure 6.
115 The SEM was also used to analyze the microstructural morphology of an olive leaf. Figure 7 shows
116 that the olive leaf appears covered by numerous starred petals that guarantee ultraviolet radiation
117 protection and maintain a thin layer of damp air to the surface.

118

119

120 *2.2 Sample preparation*

121

122 The blends were prepared using a forced-action rotary paddle mixer before adding the required water
123 content for dynamic compaction. Different weight percentages of clay, sand, gravel were mixed with
124 four percentages (4%, 6%, 8%, 12%) of olive pruning waste fibers; the proportions are reported in
125 Table 2. Considering the hygric and the thermal tests shown in the paragraphs below specimens were
126 prepared by casting the mixture into Styrofoam molds with different sizes. For each percentage of
127 olive pruning six samples for the hygrothermal measurements were prepared. The specimens were
128 cured for 28 days at environmental conditions. Three different prismatic specimens with surface of

129 15 cm x 15 cm x 4 cm were prepared for thermal tests and according to UNI EN 1015-19 [18] three
130 different cylindrical specimens of 15 cm diameter and 1 cm thickness were realized for water vapour
131 permeability tests (Figure 8).

132

Table 2: Composition of the olive-clay plasters (% b.w.).

Mixture code	Clay [%]	Sand [%]	Gravel [%]	Fibers [%]
4	38	56	2	4
6	38	54	2	6
8	37	53	2	8
12	35	51	2	12

133

134

135 **3. Experimental tests**

136 *3.1 Thermal performances*

137

138 The thermal properties (thermal conductivity, thermal diffusivity and specific heat capacity) were
139 experimentally evaluated.

140 Prior to testing the thermal properties, all specimens were oven dried at 105 °C until they achieved
141 constant mass $\pm 0.5\%$ before cooling to ambient temperature in desiccators containing silica gel. The
142 dry-state thermal conductivity and thermal diffusivity were measured using an ISOMET 2104, a
143 transient plane source device.

144 The measurement is based on the analysis of temperature response of the analyzed material to heat
145 flow impulses. The advantage of this technique is that it is possible to perform rapid measurements
146 (typically about 10/15 min) on relatively small samples. Thermal conductivity, thermal diffusivity
147 and volumetric heat capacity were obtained from the measurement. The specific heat capacity was
148 evaluated from volumetric heat capacity and density.

149 *3.2 Hygric properties*

150

151 Water vapour permeability was measured according to UNI EN 1015-19 [18] using the cup method.

152 Saturated salt solutions of Potassium Nitrate (KNO₃) were used for wet-cup test (93,2% RH) and

153 Lithium Chloride (LiCl) saturated solutions for dry-cup test (12,4% RH).

154 Each cylindrical specimen was wax sealed on the top of a PVC vessel containing salt solution with 1

155 cm thickness air layer between the water surface and internal sample surface. The assembly was then

156 placed in the Perani AC520 climate chamber set to 20 °C and 50% RH.

157 The assemblies weight was recorded by a Mettler Toledo PB3002 balance (±0.01 g accuracy) until

158 constant time variation of mass ($\Delta G/\Delta\tau$) was achieved. The vapour pressure gradient between

159 climatic chamber environment and cup (Δp) was estimated. For each specimen, the vapour

160 permeance was calculated as follows:

$$\Lambda = \frac{1}{\frac{A \cdot \Delta p}{(\Delta G/\Delta\tau)} - R_A} \quad (1)$$

161 The water vapour permeability was achieved from the following equation:

$$\delta_p = \Lambda \cdot d \quad (2)$$

162

163 The water vapour resistance factor was estimated as:

$$\mu = \frac{1,94 \cdot 10^{-10}}{\delta_p} \quad (3)$$

164

165 where $1,94 \cdot 10^{-10}$ was the air permeability at 20 °C.

166 *3.3 Porosity*

167

168 A ULTRAPYC 1200-e Quantachrome Helium gas Pycnometer was used to determine bulk porosity

169 (n):

170

$$n = \frac{V_{tot} - V_{true}}{V_{tot}} \quad (4)$$

171

172 Because of its ideal gas behaviour, helium is the preferred gas used for this analysis. V_{true} was
173 measured from the measured drop in pressure when the gas (helium) was allowed to expand into a
174 chamber containing about 20 g of sample and a second chamber of fixed, known (via calibration)
175 internal volume. Thus the true density (ρ_{true}) was calculated as follows:

$$\rho_{true} = \frac{m}{V_{tot} - V_{pores}} = \frac{m}{V_{true}} \quad (5)$$

176

177 *3.4 Hygroscopic sorption properties*

178

179 The hygroscopic sorption properties of porous building materials can be measured by the salt
180 solutions in desiccators or in climatic chamber [19]. In this study, a Perani AC520 climatic chamber
181 was used. Three representative samples were tested after oven drying at 105 °C for 48 hours. The
182 specimens were placed in the climatic chamber at 20 °C and 30% RH. Their weight was recorded
183 daily, until constant mass was achieved. According to UNI EN 12571 [19], a specimen was
184 considered to be in steady-state when the weight loss between two successive measurements, with a
185 time interval of at least 24 h, remained less than 0.1%. Values at 30%, 50%, 65%, 80%, 93% RH
186 were performed.

187 The moisture content at 97% RH was measured according to the salt solutions in the desiccator [19].

188 The specimens were placed in a desiccator containing a Potassium Sulphate (K_2SO_4) saturated
189 solution on the bottom. During the test the desiccator was kept in the climatic chamber at 20 °C. The
190 specimen's weight was recorded daily until achieving constant equilibrium mass. The water content
191 (w) was calculated as the amount of absorbed water per dry volume (kg/m^3) with an experimental
192 error of 3%:

193

$$w = \frac{m - m_0}{V} \quad (6)$$

194 The sorption isotherms $w(\varphi)$ describing the equilibrium moisture content is a function of relative
195 humidity (φ) and was represented by the following relation:

196

$$w = \exp(a \cdot \varphi^b + c \cdot \varphi^d) \quad (7)$$

197 where a, b, c, d were constant to be determined with a multiple regression on the experimental data.

198 *3.5 Ideal Moisture Buffer Value*

199

200 The ideal Moisture Buffer Value (MBV_{ideal}) as defined in [20] was calculated. This value constitutes
201 one theoretical possibility to express the ability of a material to absorb or release moisture when the
202 humidity of air changes in the environment that surrounds it. The ideal value of MBV was calculated
203 from the following equation:

$$MBV_{ideal} \approx \frac{G(t)}{\Delta RH} = 0,00568 \cdot p_{sat} \cdot b_m \cdot \sqrt{t_p} \quad (8)$$

204 where b_m is the moisture effusivity:

$$b_m = \sqrt{\frac{\delta_p \cdot \rho \cdot \frac{\partial u}{\partial \varphi}}{p_{sat}}} = \sqrt{\frac{\delta_p \cdot \xi}{p_{sat}}} \quad (9)$$

205 **4. Results and discussion**

206 *4.1 Thermal conductivity, thermal diffusivity and specific heat capacity*

207

208 Table 3 gives the average values of the density and the thermal properties, i.e. thermal conductivity,
209 thermal diffusivity and specific heat capacity.

210

Table 3: Thermal and physical properties.

Mixture code	Bulk density ρ [kg/m ³]	Thermal conductivity λ [W/mK]	Thermal diffusivity α [m ² /s]	Specific heat capacity c [J/kgK]
CO4	1669	0,593	$0,387 \times 10^{-6}$	849,57

CO6	1599	0,532	$0,365 \times 10^{-6}$	869,65
CO8	1497	0,458	$0,320 \times 10^{-6}$	908,61
CO12	1409	0,428	$0,295 \times 10^{-6}$	958,91

211

212 Thermal conductivity versus density is presented in Figure 9. The curve shows a decrease of thermal
 213 conductivity with a decrease of the density. Plasters with a higher content of fibers had a lower
 214 thermal conductivity, i.e. a greater thermal insulation capacity.

215

216 In Figure 10, thermal conductivity of tested olive-clay plasters was compared to other bio-based
 217 materials. Experimented materials properties are in accordance with the performances measured by
 218 Minke [21] and that reported in UNI EN 1745 [22].

219

220 *4.2 Influence of the percentage of olive fiber on the density*

221

222 Laborel-Préneron et al. [17] stated that the density is an interesting property because of its correlation
 223 with thermal characteristics. As expected when increasing the fiber content a decrease in the
 224 composite dry density can be noted. Figure 11 shows the effect of olive fiber content on bulk density
 225 of the plasters. The density strongly decreases as the percentage of olive fiber increases from 4% to
 226 12%.

227

228 *4.3 Hygric properties*

229

230 Figure 12 shows the water vapour mass loss of a specimen (CO4P-A) during a water vapour
 231 permeability test. As shown it takes about ten days for reaching constant mass variation.

232

233

234 Table 4 shows results of cup method measurements as water vapour diffusion resistance factor.

235

Table 4: Water vapour diffusion resistance factor.

Mixture code	Water vapour diffusion resistance factor μ [-]	
	Wet cup test	Dry cup test
4	12.5	25,0
6	15.1	24,8
8	14.1	23,1
12	13.4	22,1

236
237 In Figure 13, water vapour diffusion resistance factor for olive-clay were compared to values obtained
238 for other bio-based materials with equivalent density [13]. It can be observed the similar trend of the
239 water vapour diffusion resistance factor by varying the density.

240

241 *4.4 Porosity*

242 Table 5 gives the average values of the total open porosity for each mixture.

243

Table 5: Average values of the bulk density, true density and total open porosity.

Mixture	Bulk density ρ_{bulk} [kg/m ³]	True density ρ_{true} [kg/m ³]	Porosity n [-]
4	1669	2721	0,38
6	1599	2683	0,39
8	1497	2724	0,42
12	1409	2601	0,44

244

245 *4.5 Hygroscopic sorption properties*

246

247 Figure 14 shows the sorption isotherms obtained from adsorption-desorption test according to
248 equation 7 with the a, b, c, d constant values reported in table 6.

249

Table 6: Constant values according to the Eq.7

Mixture	Constant			
	a	b	c	d
4	1.30	2.69	2.84	0.17
6	1.44	2.82	2.77	0.22
8	1.41	3.63	2.97	0.21
12	1.33	4.57	3.14	0.30

250

251 It can be observed that the sorption isotherms of the four materials displayed a similar slope up to
 252 80% RH. As the relative humidity increased above 80%, the moisture content adsorbed increased and
 253 the curves tends to rise rapidly. These results are in accordance with the observation of Cagnon et al.
 254 [23] who showed that when 100% RH was approached, significant capillary condensation occurred
 255 and led to a vertical asymptote on the sorption-desorption isotherms. This behaviour was observed
 256 especially for the specimens with higher content of fibers (C08-CO12), due to the highest porosity of
 257 these materials.

258

259 Figure 15 and Figure 16 show the water content (w_{80}) adsorbed at 80% RH and the sorption capacity
 260 ξ , the slope of the sorption curves at 80% RH.

261 It can be noted that when using higher content of fibers a better sorption capacity is achieved.

262

263

264 *4.6 Ideal Moisture Buffer Value*

265 Table 7 gives the ideal MBV values corresponding to each mixture.

266

Table 7: Ideal Moisture Buffer Value.

Mixture code	Ideal Moisture Buffer Value
	MBV_{ideal} [g/(m ² %RH) @8/16h]

CO4	1,708
CO6	1,709
CO8	1,710
CO12	1,739

267 The results show an improved moisture exchange performance by increasing fibers content.
268 According to the classification of the moisture buffer performance proposed by NORDTEST protocol
269 [20] this material is classified “good” ($1 < MBV < 2$). Thanks to this characteristic, the studied clayey
270 plaster can be considered positively to moderate indoor air relative humidity amplitudes, and as a
271 consequence, to improve occupant’s hygrothermal comfort sensation.

272 5. Conclusions

273

274 In this study leaves and small branches derived from the pruning of olive trees were incorporated,
275 after drying, into a clay-sand mixture to obtain a bio-based plaster. Earthen samples, with different
276 percentages of olive fibers, were prepared and tested to investigate their hygrothermal behaviour. The
277 results achieved from the test measurements show that the addition of olive fibers in the earth matrix
278 resulted in a linear reduction in the density and in an increase of porosity. This means a reduction in
279 thermal conductivity and therefore a more insulating behaviour of the material.

280 Experimental tests have also allowed to characterize the hygric properties of the materials. The
281 hygrothermal properties are in agreement with that of other bio-based plasters with similar density.
282 The addition of the olive fibers doesn’t produce significant differences in the sorption curves up to
283 80% RH. As the relative humidity increased above 80%, the moisture content adsorbed increased
284 especially for the specimens with higher content of fibers (C08, CO12).

285 Results in terms of the ideal Moisture Buffer Value (MBV_{ideal}) show that all mixtures allow to obtain
286 a plaster with a good ability to exchange moisture with neighboring environment, when there is a

287 daily cyclic variation of relative humidity. This performance has positive consequences on the indoor
288 air quality and occupant's comfort.

289 Further studies are ongoing in order to improve the hygrothermal properties of bio-based plasters
290 with agro-waste.

291 **6. Acknowledgments**

292 Stefania Liuzzi acknowledges Regione Puglia and ARTI for funding this research project within
293 "FIR-Future In Research projects".

294 **References**

295

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352 **Appendix: nomenclature**

A	specimen area	m^2
b_m	moisture effusivity	$kg/m^2Pa \cdot s^{0,5}$
c	specific heat capacity	J/kgK
d	specimen tickness	m
G	moisture uptake	kg/m^2
m	weight mass	kg

m_0	initial weight mass	kg
MBV_{ideal}	Ideal Moisture Buffer Value	kg/(m ² %RH)
n	porosity	-
p	pressure	Pa
p_{sat}	saturation vapour pressure	Pa
R_A	water vapour diffusion resistance in the gap in the plastic cup	m ² sPa/kg
RH	relative humidity	%
t_p	period	s
u	moisture content	kg/kg
V	volume	m ³
w	moisture content	kg/m ³
w_{80}	moisture content at 80 % RH	kg/m ³
α	thermal diffusivity	m ² /s
δ_p	water vapour permeability	kg/msPa
$\Delta G/\Delta \tau$	flow of water vapour over time	kg/s
Δp	difference of the water vapour pressure between the saline solution and the air of environment	Pa
λ	thermal conductivity	W/mK
Λ	vapour permeance	kg/m ² sPa
μ	water vapour diffusion resistance factor	-
ζ	slope of the sorption curves at 80 % RH	-
ρ_{bulk}	bulk density	kg/m ³
ρ_{true}	true density	kg/m ³
τ	period	h
ϕ	relative humidity	-

353

354

355

356